



D1. Cape Town with a Twist (3 nights)

[Highlights: Cape Town, Table Mountain, Cape Malay Cooking Safari]



TOUR SUMMARY:

No of days / nights:

4 / 3

Tour starts:

Cape Town

Tour ends:

Cape Town

Includes:

Accommodation, airport transfers and guided tours as per the itinerary

Accommodation:

Comfort

Best time to visit:

September to May

DAY-TO-DAY ITINERARY:

Day 1 Cape Town

Welcome to Cape Town, one of the world's most beautiful cities! On arrival you will be met and transferred to your hotel, chic and stylishly playful and located in the vibrant hub of Cape Town. In the afternoon you will join other passengers on an afternoon city tour which includes the Table Mountain (weather permitting and cable car at own cost), the historic city centre as well as a drive to Bloubergstrand just north of the city centre, where you are afforded wonderful views back towards Cape Town and Table Mountain.

Day 2 Cape Town

Breakfast at your hotel. In the mid-morning you depart for an exciting and spicy Cooking Safari in the colourful Cape Malay area of Bo-Kaap. During the tour, your guide will lead you on a leisurely stroll through some of the area's more historic streets, giving you a chance to appreciate why the Bo-Kaap has been declared a national monument.

Follow your nose towards the scents of ginger, coriander, cardamom, cinnamon, and chilli which drift tantalisingly from the storefronts and cafés, as you shop for ingredients to make a typical Cape Malay dish.

In the informal cooking workshop which follows in a Bo-Kaap family home, you will learn more about the ways in which food, history and religion are interwoven in the Bo-Kaap culture. Sit back, relax, and appreciate your handwork as you dig in to a full course traditional Malay Meal.

Day 3 Cape Town

Breakfast at your hotel. Morning at leisure. At noon, join us for a tour of the Constantia Winelands – by bike!

This unique excursion traces the history and heritage of the foremost estates in the Constantia Valley, making use of exclusive and private back roads between the various farms, cycling alongside the rolling vineyards and enjoying signature wine tastings and cellar tours en route. (Please note that transfers are included from V&A Waterfront, leaving at 12pm, returning by 18pm). Enjoy the rest of the evening at leisure.

Day 4 Check out

Breakfast at your hotel followed by checkout.